Visual Guide to the Mouse Estrous Cycle

Improve Timed-Mating Performance

Visual Quick Guide: Females in proestrus or estrus can be identified quickly and easily by the appearance of their external genitalia. These females are likely to be receptive to mating when paired with sexually mature males. The presence of a copulatory plug can be used to verify that mating has occurred. Stage of the estrous cycle in mice can be determined by cytology or by visual examination of the external genitalia.

Proestrus* Estrus* Metestrus **Diestrus** Very swollen Less swollen Not swollen Not swollen Not pink Pink Less pink Not pink Moist Less moist Dry Dry Wrinkling Wrinkling No wrinkling No wrinkling * Stages most receptive to mating

Byers SL, Wiles MV, Dunn SL, Taft RA. Mouse estrous cycle identification tool and images. *PLoS One* 2012; 7(4):e35538. [PMID:22514749]



JAX® Mice Pup Appearance by Age

	The approximate age of mouse pups can be determined by their physical attributes during the first two weeks of life. Examples of the developmental stages of albino, agouti, and black pups are shown.	C57BL/6J 000664 black	C3H/HeJ 000659	BALB/cJ 000651 albino
0	Blood red Possible milk spot	Dlack	agouti	atbino
1	Lighter color redMilk spot present	1	-	6
2	Ears appear as nubsPigment may start to appear in some strains	*	1	1
3	• Ear flap starting to come away from head (one or both)	*	-	8
4	 Ears fully developed, completely off head, some starting to go towards back Increasing skin color 	7		4
5	Ears are fully backSkin appears much thicker with more color density to skin	*	*	60
6	Milk spot disappearing or goneColored fuzz appears behind ears or on neck	4	-	
7	• Colored fuzz starting to cover pup	4	-	1
8	Belly begins to show fur	-	-	45
9	 Fur is now thicker Females may show nipples (there are five pairs of mammaries) 		-	
10	Fur growth is completePups are more active		1	
11	Teeth are beginning to eruptEyes start to open	-	-(1)	-()
12	Eyes are openPups begin to nibble solid food		1	
13	Pups increase solid food intake			
14	 Pups increase in weight and size, eating more solid food 			

